

Men's Treatments

Give your skin the time it deserves with our line of treatments specifically designed for men.

Rough Seas

30 mins / Cost: £45

Erase rough, dry skin with this invigorating exfoliating treatment. A purifying sea salt polish is massaged into the body before a refreshing shower removes all traces to reveal smoother skin. An application of light hydrating cream leaves your skin feeling renewed and healthy.

The Captain's Choice

75 mins / Cost: £90

This bespoke Aromatherapy Associates treatment has been designed to provide deep relaxation. Starting with a back scrub to remove dry skin we then nourish the back whilst the muscle release massage melts away tension and knots. This treatment finishes with a relaxing eye treatment and Ayurvedic scalp massage. Perfect for the man who doesn't know what he wants!

Play it Cool (Phytomer Marine Facial)

75 mins / Cost: £90

This facial treatment is specifically designed to meet the needs of male skin. Beginning with a relaxing back massage and application of thermal sea mud to the spine, we then follow with deep pore cleansing and an oxygenating mask to leave your skin fresh and revitalised.

The Perfect Package

2 hrs 15 mins / Cost: £175

Our collection of treatments, designed for male skin, begins with an invigorating sea salt scrub and is followed by a relaxing massage to ease away aches and pains. We complete the experience with a detoxifying marine facial, including a scalp and shoulder massage. Includes use of spa facilities, a light lunch and:

- Body Exfoliation
- Back Massage
- Marine Facial

Also available:

Men's manicure or pedicure 45 mins / Cost: £45