

Facials

Get glowing skin with one of our tailor-made facials. We use natural marine ingredients from **Phytomer** to balance and calm the skin and essential oils and plant extracts from **Aromatherapy Associates** to restore health and vitality.

Bright Eyes

30 mins / Cost: £45

Close your eyes, relax and let us refresh and brighten your eyes with this revitalizing eye treatment. Using herbal extracts of black tea, cranberry and strawberry to delicately firm skin whilst working on dark circles and fine lines. Rose wax and shea butter keep the skin hydrated and nourished for a youthful, rejuvenated look.

Express Glow Facial

30 mins / Cost: £45

Give your skin a quick boost with this express facial which uses **Aromatherapy Associates** Enzyme Peel facial exfoliator to instantly even and brighten skin tone for a healthy glow.

Smell the Roses

60 mins £80 / 90 mins £99

Our Rose Renew facial, using **Aromatherapy Associates** products, works to restore and encourage the complexion's natural radiance. The active ingredients are combined with specialised aromatherapy pressure point massage techniques to balance and revitalise the skin, mind and emotions. A truly holistic experience for skin that needs a little TLC.

60 mins

Serious about skin care, then this will help you keep your skin looking fresh and glowing.

90 mins

The ultimate experience starting with a hand and foot ritual and including an Ayurvedic scalp massage.

A Quickie

50 mins / Cost: £75

This fast and fabulous **Phytomer** facial takes care of all your skincare needs in one go. Your therapist will carefully choose products to treat your skin type, ensuring you get the best results possible. We include exfoliation, treatment masque and facial massage, as well as our signature thermal mud on the spine. Perfect for anyone whose time is precious!

Smooth Sailing

75 mins / Cost: £99

The newest innovative pioneer youth revealing facial from **Phytomer**, uses marine ingredient “Extra Marine Filler”, to enable lines and wrinkles to be filled within 15 minutes. The use of a new and unique massage procedure stimulates micro-circulation to oxygenate and revitalise. Encouraging muscle relaxation to smooth lines and wrinkles and restore skin elasticity. The result – lines and wrinkles are diminished, the skin is softer, smoother and more radiant.

Me, Me, Me

75 mins / Cost: £90 / Course of 6: £450

This is much more than just a facial! Our signature treatment, using **Phytomer** skincare products, is customised to suit your skin type and designed to refine and brighten the complexion. This includes a relaxing back massage, bubbling thermal sea mud treatment and a deep cleansing marine based mud masque that will breathe life back into your skin and leave you looking radiant and healthy. After your initial consultation your therapist will choose the right products for your skin type and perform one of the following blissful facials.

Mellow Mama (pregnancy)

75 mins / Cost: £90

Take some mellow moments before your baby is born with this relaxing facial, which includes a treat for the arms and tummy. The marine ingredients help to restore the skin’s healthy balance, leaving you with an incredible sense of calm.